



2018



Yoga in the Park - Sunset Beach

7/21
7/28

8/11
8/18

8/25

Saturdays
9:00 - 10:00 AM

\$10/class

Sunset Beach Park
3378 Sunset Beach Ln.

**Deadline to Register is July
Min. 5. - Max. 10**

Regardless of your skill, you will find yourself learning, growing, and improving. The class is slower paced and is focused on alignment and breath control. Attendees will gain increases in strength, balance, core stability, flexibility, and reduced stress. Class lead by "the Yoga Loft", <https://www.theyogaloft.yoga/>. Please bring your mat or towel, water, & sunscreen!

*You must pre-register for this class. Please make check out to "Village of Suamico" and send to 12781 Velp Avenue, Suamico, WI 54313 or stop in to Village Hall.

First Name				Last Name
Gender M / F	Birthdate	Session		
Experience (Please circle one):	None	Beginner	Intermediate	Advanced
Street Address				
City, State, Zip				
Daytime Phone #				Evening Phone #
Cell Phone #				Email Address
Emergency Contact				Emergency Contact Phone #

I understand participation in recreation programs involves an element of risk or danger for all participants and may cause serious injury, death or property loss and agree to assume these risks for my family and release the Village of Suamico, its employees, Instructor, The Yoga Loft and other participants from any liability for injuries and damages sustained while participating in these programs. I understand a physician's approval is encouraged prior to participation. If you do not wish to have your photo taken or do not want your or your child's photographs in Village or newspaper publications, please notify the photographer and/or program instructor. I am providing personal information solely for the purpose of participating in Suamico recreation programs, and would not provide this information otherwise, and do not wish for this information to be shared with parties outside of the Suamico Recreation Department.

Signature _____ **Date** _____

Refund Policy

Refunds will be given up to the registration deadline or the start of the program, whichever comes first. No refunds will be given after a program starts or a deadline has been reached. Please be aware that a \$5 processing fee will be incurred on all refunds.

Village of Suamico • 12781 Velp Avenue • Suamico, WI 54313 • (920) 434-2212
For program information, please visit www.suamico.org.

OFFICE USE ONLY

Date Registered: _____ Cash/Check/CC _____ Amount: _____ Receipt # _____ Staff Initials: _____